



ELEMENTARY TRADITIONAL BREAKFAST MENU OCTOBER 2019

Monday

Tuesday

Wednesday

Thursday

Friday

1

1
Chocolate Crescent (V)
Egg, Cheese & Bacon Taco (P)
Apple Slices
Fruit Juice

2
Waffles with Blueberries (V)
Country Chicken Biscuit
Blueberries
Applesauce

3
Peach Parfait with Cinnamon Toast (V)
Ham, Egg & Cheese Flatbread (P)
Honeydew
Orange Juice

4
Pancakes with Scrambled Eggs (V)
Strawberry Poptart with Cheese Stick (V)
Banana
Raspberry Applesauce

7
Chocolate Poptart with Cheese Stick (V)
Sausage & Cheese Frittata
Apple Slices
Mandarin Oranges

8
Cinnamon Roll (V)
Egg, Cheese & Bacon Taco (P)
Fresh Pear
Apple Juice

9
Waffles with Chocolate Chips (V)
Cheesy Scrambled Eggs with Toast (V)
Orange
Applesauce

10
Blueberry Muffin with Yogurt (V)
Kolache
Strawberries
Fruit Juice

11
Pancakes with Chicken Sausage
Cheesy Omelet with Toast (V)
Grapes
Fruit Salad

14
**No School
Columbus Day**

15
Apple Frudel (V)
Egg, Cheese & Sausage Taco
Apple Slices
Fruit Juice

16
Waffles with Blueberries (V)
Bacon, Egg & Cheese Bagel (P)
Watermelon
Mandarin Oranges

17
Blueberry Parfait with Cinnamon Toast (V)
Cheesy Egg Burger
Orange
Apple Juice

18
Pancakes with Cheesy Scrambled Eggs (V)
Egg, Bacon & Cheese Flatbread (P)
Banana
Pineapple Tidbits

21
French Toast Sticks (V)
Egg, Cheese & Tater Taco (V)
Orange
Pineapple Tidbits

22
Powdered Sugar Donut Holes (V)
Cheesy Sausage Scrambled Eggs with Toast (P)
Fresh Pear
Apple Juice

23
Waffles with Chocolate Chips (V)
Sausage & Egg Bagel
Blueberries
Raisins

24
Strawberry Parfait with Cinnamon Toast (V)
Kolache
Apple Slices
Fruit Juice

25
Pancakes with Bacon (P)
Country Chicken Biscuit
Banana
Diced Peaches

28
Chocolate Crescent (V)
Turkey Pancake Wrap
Strawberries
Diced Pears

29
Cinnamon Bun Minis (V)
Egg, Cheese & Sausage Taco
Orange
Apple Juice

30
Waffles with Cinnamon Apples (V)
Kolache
Watermelon
Pineapple Tidbits

31
Chocolate Chip Muffin with Cheese Stick (V)
Scrambled Eggs with Bacon & Cinnamon Toast (P)
Apple
Fruit Juice

31

Student Breakfast - \$1.25 *unless eligible for free/reduced meal program

Adult Breakfast - \$1.60

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

*Menu subject to change

STAY UP TO DATE

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